# Chores 2-3 Years Old

- [ ] Make bed
- [ ] Take clothes to laundry room
- [ ] Put away laundry
- [ ] Pick up toys
- [ ] Dust furniture
- [ ] Feed pets
- [ ] Put clothes in dryer
- [ ] Match socks
- [ ] Clear place after meals

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# Chores 4-5 Years Old

- [ ] Set the table
- [ ] Clear the table
- [ ] Help cook dinner
- [ ] Carry and put away groceries
- [ ] Water plants
- [ ] Take sheets off bed
- [ ] Sort laundry
- [ ] Pull weeds
- [ ] Make a small snack
- [ ] Fold towels

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# Chores 6-9 Years Old

- [ ] Vacuum
- [ ] Fold laundry
- [ ] Put away laundry
- [ ] Sweep the floor
- [ ] Clean counters
- [ ] Empty dishwasher
- [ ] Help cook (wash produce, find ingredients, simple cutting)
- [ ] Get mail
- [ ] Rake Leaves

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# Chores 10-15 Years Old

- [ ] Do laundry
- [ ] Mow the lawn
- [ ] Wash the car
- [ ] Cook a meal
- [ ] Wash dishes
- [ ] Clean the bathroom
- [ ] Take out trash
- [ ] Mop the floor
- [ ] Supervise younger siblings
- [ ] Load Dishwasher

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# Chores 16-99 Years Old

- [ ] Cook dinner 1-2 times a week
- [ ] Go grocery shopping
- [ ] Help with meal planning
- [ ] Daily & weekly cleaning and maintenance
- [ ] Yardwork
- [ ] Car maintenance
- [ ] Clothes shopping
- [ ]

Appointments - doctor, dentist, eye, haircuts, etc
- [ ] Emotional labor - stay in touch with family, plan celebrations and trips

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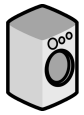
- [ ]  Put clothes in dryer
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