



Bedtime Routine

- ☐  Take a bath
- ☐  Put on pajamas
- ☐  Brush teeth
- ☐  Use the bathroom
- ☐  Read a story
- ☐  Turn off light



Bedtime Routine

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
 Take a bath							
 Put on pajamas							
 Brush teeth							
 Use the bathroom							
 Read a story							

 Turn off light							
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Bedtime Routine

M o n	 Pack up backpack	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth
	 Use the bathroom	 Read a story			
T u e	 Pack up backpack	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth
	 Use the bathroom	 Read a story			
W e d	 Pack up backpack	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth
	 Use the bathroom	 Read a story			
T h u	 Pack up backpack	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth

T h u	 Use the bathroom	 Read a story			
F r i	 Take a bath	 Put on pajamas	 Brush teeth	 Use the bathroom	 Read a story
S a t	 Take a bath	 Put on pajamas	 Brush teeth	 Use the bathroom	 Read a story
S u n	 Pack up backpack	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth
	 Use the bathroom	 Read a story			



Bedtime Routine

Monday



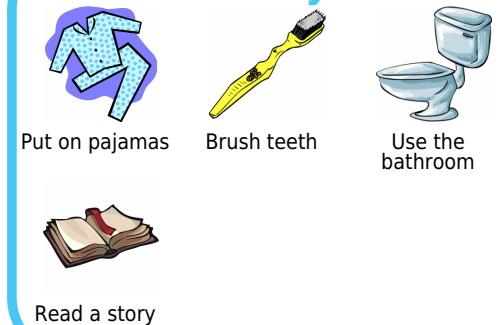
Thursday



Tuesday



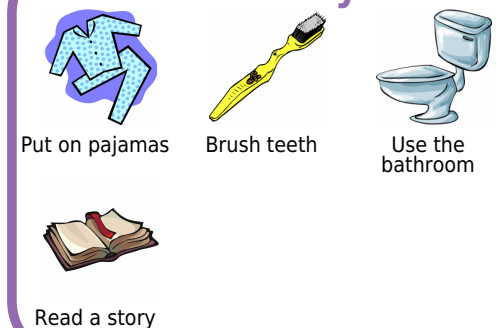
Friday



Wednesday



Saturday



Sunday



Pack backpack



Put on pajamas



Set out clothes



Brush teeth



Use the
bathroom



Read a story



Bedtime Routine

☐


Take a bath

☐


Put on pajamas

☐


Brush teeth

☐


Use the bathroom

☐


Read a story

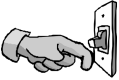
☐


Turn off light



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T h u	 Use the bathroom	 Read a story			
	 Take a bath	 Put on pajamas	 Brush teeth	 Use the bathroom	 Read a story
F r i	 Take a bath	 Put on pajamas	 Brush teeth	 Use the bathroom	 Read a story
	 Use the bathroom	 Take a bath	 Put on pajamas	 Set out clothes	 Brush teeth
S a t	 Use the bathroom	 Read a story			
	 Use the bathroom	 Read a story			



Bedtime Routine

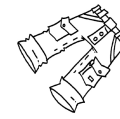
Monday



Pack backpack



Put on pajamas



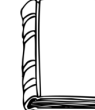
Set out clothes



Brush teeth



Use the bathroom



Read a story

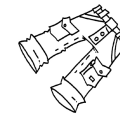
Thursday



Pack backpack



Put on pajamas



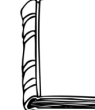
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Brush teeth



Use the bathroom



Read a story

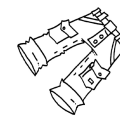
Tuesday



Pack backpack



Put on pajamas



Set out clothes



Brush teeth



Use the bathroom



Read a story

Friday



Put on pajamas



Brush teeth



Use the bathroom



Read a story

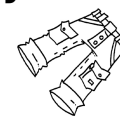
Wednesday



Pack backpack



Put on pajamas



Set out clothes



Brush teeth



Use the bathroom



Read a story

Saturday



Put on pajamas



Brush teeth



Use the bathroom



Read a story

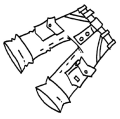
Sunday



Pack backpack



Put on pajamas



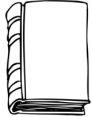
Set out clothes



Brush teeth



Use the
bathroom



Read a story