



Bedtime Routine

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|-------------|----------------------|--------------------|--------------------|----------------------|------------------|----------------------|------------------|--|
| M o n | Pack up backpack | Take a bath | Put on pajamas | Set out clothes | Brush teeth | Use the bathroom | Read a story | |
| T u e | Pack up backpack | Take a bath | Put on pajamas | Set out clothes | Brush teeth | Use the bathroom | Read a story | |
| W e d | Pack up backpack | Take a bath | Put on pajamas | Set out clothes | Brush teeth | Use the bathroom | Read a story | |
| T h u | Pack up backpack | Take a bath | Put on pajamas | Set out clothes | Brush teeth | Use the bathroom | Read a story | |
| F r i | Take a bath | Put on pajamas | Brush teeth | Use the bathroom | Read a story | | | |
| S a t | Take a bath | Put on pajamas | Brush teeth | Use the bathroom | Read a story | | | |
| S u n | Pack up backpack | Take a bath | Put on pajamas | Set out clothes | Brush teeth | Use the bathroom | Read a story | |

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