















Cooking Ages 6-8

-  Read aloud recipes
-  Use small paring knife
-  Peel potatoes with a peeler
-  Slice and scoop avocados
-  Put away leftovers
-  Grate cheese
-  Drain and rinse canned beans
-  Make sandwiches
-  Make toast

-  Use microwave
-  Use heat on stove top (supervised) - omelets, pancakes, quesadillas, soups, grilled cheese, hamburgers
-  Boil pasta or eggs