










How To Blow Your Nose

-  Get a tissue
-  Hold the tissue over your nose with 2 hands
-  Close your mouth
-  Blow out through your nose
-  Press fingers together underneath your nose to wipe it clean
-  Put the tissue in the trash
-  Wash your hands

Want to make some changes?

It's easy to edit this list at TheTripClip.com

This list is designed to fit perfectly on a kid-sized clipboard:



Or try it on any mobile device!

