






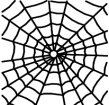




## Meeting Friends As An Adult

-  Exercise class or club: yoga, running, biking, tennis, martial arts, hiking, walking group, bowling
-  Take a class: art, music, chess, gardening, cooking, welding, archery
-  Join a church or spiritual group
-  Join a book club: find one at your local library or book store
-  Volunteer
-  Go to the dog park
-  Go to neighborhood food, art, or music festivals
-  Join a professional networking group

Want to make some changes?

It's easy to edit this at  
[TheTripClip.com](https://www.thetripclip.com)

This list is designed to fit perfectly on a kid-sized clipboard:



Or try it on any mobile device!