



## Meeting Friends As An Adult



Exercise class or club: yoga, running, biking, tennis, martial arts, hiking, walking group, bowling



Take a class: art, music, chess, gardening, cooking, welding, archery



Join a church or spiritual group



Join a book club: find one at your local library or book store



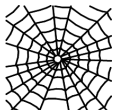
Volunteer



Go to the dog park



Go to neighborhood food, art, or music festivals



Join a professional networking group

Want to make some changes?

It's easy to edit this at [TheTripClip.com](https://www.thetripclip.com)

This list is designed to fit perfectly on a kid-sized clipboard:



Or try it on any mobile device!