

Learn a joke

Practice introductions and asking questions

Look for clues: if they have a dinosaur backpack, ask if they like dinosaurs

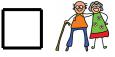
Smile



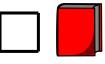
Write a list of simple games you can suggest



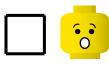
Practice talking to kids at the park



Ask extended family about how they made friends



Read books about making friends



Nervous? Play 'what if' to think of worst case scenarios and how you would handle them

Take turns inviting friends to do things together