













Learning To Make Friends

-  Learn a joke
-  Practice introductions and asking questions
-  Look for clues: if they have a dinosaur backpack, ask if they like dinosaurs
-  Smile
-  Write a list of simple games you can suggest
-  Practice talking to kids at the park
-  Ask extended family about how they made friends
-  Read books about making friends

-  Nervous? Play 'what if' to think of worst case scenarios and how you would handle them
-  Take turns inviting friends to do things together