

Learn a joke

Practice introductions and asking questions



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Look for clues: if they have a dinosaur backpack, ask if they like dinosaurs

Smile

Write a list of simple games you can suggest



Practice talking to kids at the park

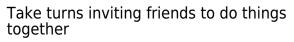
Ask extended family about how they made friends



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Read books about making friends

Nervous? Play 'what if' to think of worst case scenarios and how you would handle them





Where To Meet Friends



Team sports

Classes (art, music, chess, robotics)

Individual sports (karate,

running, swimmng)

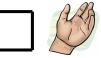


Youth groups (scouts, 4-H, church)

Story time or book clubs at

library or book store

Park, playground, pool



Volunteering



How To Keep Friends



Be there for friends in good times and bad



Put in your share of the work



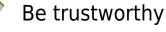
Be reliable



Be a good listener

Remember important details about your friend





Keep in touch



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