



My School Schedule

	9:00-9:30: Reading/Writing
	9:30-10:00 Social Studies
	10:00-10:30: Physical Activity
÷ -	10:30-11:00: Math
	11:00-11:30: Art/Music/Creative Time
	11:30-12:30: Prepare/Eat/Clean up lunch
	12:30-1:00: Science
	1:00-1:45: Take a walk/Play outside
	1:45-2:45: Focused work time
	2:45-3:00: Snack
	3:00-4:00: Clean up, do family chores