



You can have screen time as soon as you:

Unpack lunch box
Finish homework
Read for 20 minutes
Are productive, active, or creative for 30 minutes
You've done at least one chore from the chore list

Want to make some changes?

## It's easy to edit this list at TheTripClip.com

This list is designed to fit perfectly on a kid-sized clipboard:



Or try it on any mobile device!

