



Year-Round

	Kid clothes shopping
	Household shopping
	Research major purchases
	Yardwork
	Car & bike maintenance
	Finances – sort mail, pay bills, manage money, insurance, taxes
	Do or hire for home improvements and repairs
E au	Family travel - plan, book, pack and unpack



A workbook for parents striving to be equal partners

- 1. Take time to talk through each worksheet
- 2. Assign the tasks by putting someone's initials in each box
- 3. Aim for that person to own the mental load and the execution
- 4. When needed, use the line underneath to track exceptions
- 5. Note that some tasks are 10x others, and 'fair' will be different for every family the goal is to find what works for yours
- 6. Remember you can revisit this as you learn the best ways to share the load
- 7. Learn more at www.thetripclip.com/share-the-load